

## DEPARTMENT 25: FOODS AND NUTRITION

**Superintendent:**

Kim Ley 608-574-9804

### Check-in

All exhibits must be in place by 10am on Thursday

### Rules:

1. All cakes, coffee cakes, quick breads, or bar cookies must be a 4 inch square section, including a corner edge. Foods should be exhibited on a small paper plate enclosed in a Ziploc bag (no plastic wrap).
2. Attach entry tag to the outside of the Ziploc bag.
3. Management reserves the right to dispose of all baked food entries displayed at the fair.

### Quick Breads

PREMIUMS: 1<sup>st</sup> \$1.75; 2<sup>nd</sup> \$1.50; 3<sup>rd</sup> \$1.25; 4<sup>th</sup> \$1.00

1. Corn bread
2. Banana bread, ½ loaf
3. Graham muffins, 3
4. Blueberry muffins, 3
5. Coffee cake, other than yeast
6. Tea biscuits, 2
7. Quick bread mix
8. Soad bread
9. Zucchini bread

### Yeast Breads

PREMIUMS: 1<sup>st</sup> \$2.00; 2<sup>nd</sup> \$1.75; 3<sup>rd</sup> \$1.50; 4<sup>th</sup> \$1.25

1. White yeast bread, ½ loaf
2. Whole wheat or graham yeast bread, ½ loaf
3. Yeast pan rolls, ½ dozen
4. Bread machine, white yeast bread, ½ loaf
5. Bread machine, whole wheat or graham yeast bread, ½ loaf
6. Cinnamon rolls, 2 (no frosting or topping)
7. Sugar free cinnamon rolls, 2

### Sourdough Bread

PREMIUMS: 1<sup>st</sup> \$2.00; 2<sup>nd</sup> \$1.75; 3<sup>rd</sup> \$1.50; 4<sup>th</sup> 1.25

1. Sour dough bread, ½ loaf
2. Biscuits, 3

### Pies

PREMIUMS: 1<sup>st</sup> \$2.00; 2<sup>nd</sup> \$1.75; 3<sup>rd</sup> \$1.50; 4<sup>th</sup> \$1.25

1. Peach pie, must be an individual size
2. Apple pie, must be an individual size
3. Cherry pie, must be an individual size
4. Sugar free pie, must be an individual size

### Cookies

PREMIUMS: 1<sup>st</sup> \$2.00; 2<sup>nd</sup> \$1.75; 3<sup>rd</sup> \$1.50; 4<sup>th</sup> \$1.25

1. Plain chocolate brownies
2. Sorghum or molasses rolled cookies, 3
3. Plain oatmeal cookies, 3
4. Rolled white cookies, 3
5. Peanut butter cookies, 3
6. Chocolate chip cookies, 3
7. Coconut macaroons, 3
8. No-bake cookies, 3
9. Variety of 6 different cookies, ½ dozen
10. Sugar free-any kind, 3
11. Pecan sandies

### Cakes-unfrosted cakes preferred

PREMIUMS: 1<sup>st</sup> \$2.00; 2<sup>nd</sup> \$1.75; 3<sup>rd</sup> \$1.50; 4<sup>th</sup> \$1.25

1. Chocolate food
2. Applesauce
3. Saffron cake (baking powder)
4. Carrot cake
5. Poppy seed cake
6. Sugar free cake-any kind

### **Frosted Decorated Cake**

PREMIUMS: 1<sup>st</sup> \$3.00; 2<sup>nd</sup> \$2.00; 3<sup>rd</sup> \$1.00; 4<sup>th</sup> \$0.75

1. Frosted decorated cake

### **Pasty**

PREMIUMS: 1<sup>st</sup> \$3.00; 2<sup>nd</sup> \$2.00; 3<sup>rd</sup> \$1.00; 4<sup>th</sup> \$0.75

1. Pasty, individual size or ½ of a large one

### **Candy**

PREMIUMS: 1<sup>st</sup> \$1.75; 2<sup>nd</sup> \$1.50; 3<sup>rd</sup> \$1.25; 4<sup>th</sup> \$1.00

1. Fudge, two 1-in squares
2. Sugar free fudge, two 1-in squares
3. Any other variety of candy, 2 pieces
4. Any other variety of sugar free candy, 2 pieces

### **Food Preservation**

- Follow processing methods and times listed in the current learning store: <https://learningstore.extension.wisc.edu/collections/food-preservation-and-safety> or National Center for Home Food Preservation <https://nchfp.uga.edu/#gsc.tab=0> preserving guidelines. Open kettle is not an approved processing method.
- Each food preservation exhibit must have a label attached indicating processing method, time, etc.
- Remove rings from canning jars

### **Jelly and Jams**

PREMIUMS: 1<sup>st</sup> \$2.50; 2<sup>nd</sup> \$2.25; 3<sup>rd</sup> \$2.00; 4<sup>th</sup> \$1.50

1. Currant jelly
2. Grape jelly
3. Plum jelly
4. Apple jelly
5. Blackberry jam
6. Strawberry jam
7. Other type of jelly or jam
8. Sugar free- any kind

### **Food Preservation**

PREMIUMS: 1<sup>st</sup> \$2.50; 2<sup>nd</sup> \$2.25; 3<sup>rd</sup> \$2.00; 4<sup>th</sup> \$1.50

1. Applesauce, slice or sieved
2. Apples
3. Blackberries
4. Peaches, halved or sliced
5. Cherries
6. Pears, halved or sliced
7. Plums
8. Green beans, cut
9. Yellow beans, cut
10. Sweet corn, whole kernel cut from cob
11. Peas
12. Mixed vegetables for soup or stew
13. Tomato juice
14. Tomatoes cut
15. Tomatoes, stewed
16. Beef
17. Chicken
18. Pork
19. Venison
20. Dilly beans
21. Sauerkraut
22. Beet pickles
23. Dill pickles
24. Sweet cucumber pickles
25. Relish, any vegetable
26. Salsa
27. Dried fruit
28. Dried vegetables
29. Dried meat or jerky
30. Chili sauce
31. Tomato sauce
32. Pasta sauce